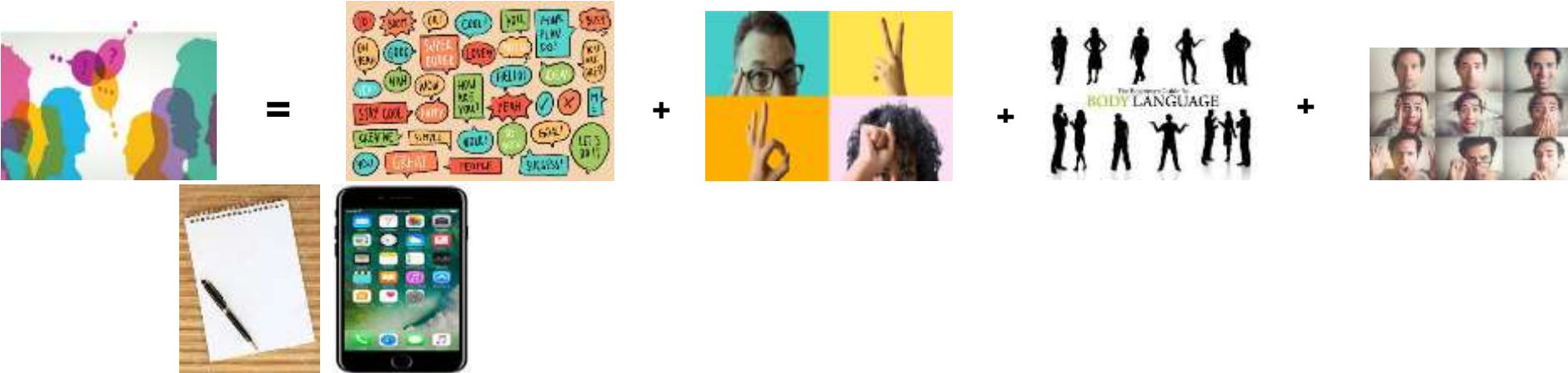


GOLDEN RULES

of Communication

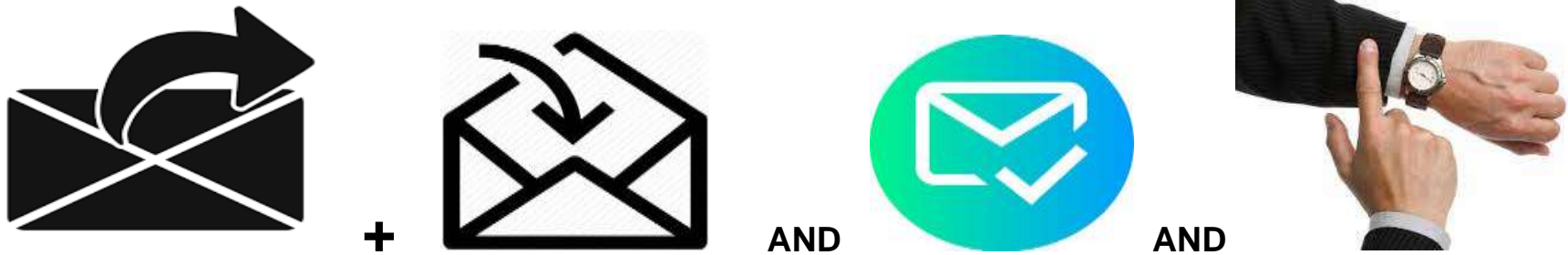
❖ Communication = **always** WORDS + MORE (Hands + Body + Eyes + Face + Tone + Tools)



The **BALANCE** of WORDS + MORE changes.



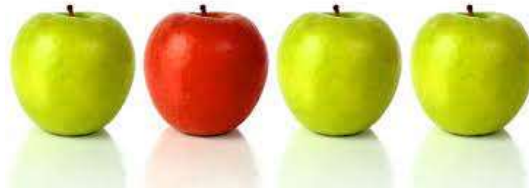
❖ **Good communication** = a **message** is **sent & received**, & meaning is **understood & on time**.



❖ Everyone has communication **STRENGTHS & CHALLENGES**.



Some are the **SAME** STRENGTHS as always. Some are **DIFFERENT**.





- ❖ Communication = **2-way street** or more. The job of **good** communication is **always** AT LEAST for **2** people.



- ❖ You are **COMPETENT** and KNOW what you WANT TO SAY.
- ❖ **You** are a **VALUABLE** & **NEEDED** communicator. You are **VALUED** in & for your communications!



❖ We THINK society **VALUES & EXPECTS WORDS**, **NOT**  **MORE THAN WORDS**. People may.....:



PANIC or GET FLUSTERED



DOUBT THAT GOOD
COMMUNICATION CAN
HAPPEN WITH YOU



WONDER **WHAT HELP YOU
NEED** TO COMMUNICATE

RESENT NEEDING TO HELP



WONDER IF GIVING HELP
WILL BE **HARD**

TOO HARD??????





WONDER IF THEY HAVE **TIME** TO GIVE THAT HELP



WONDER IF **HELP** WILL = **GOOD COMMUNICATION**

IS THIS A REASON TO NOT TRY?

MAYBE TALKING TO A FAMILY MEMBER IS BETTER?

*Certainly **FASTER**.....*



PITY or FEEL SORRY FOR YOU

“**OTHER**” You

MAKE YOU FEEL SMALL

❖ But really, society values **MORE THAN WORDS**, too. There are **strategies** FOR **YOU**, FOR **OTHERS** **AROUND YOU**, and FOR THE **PLACES** in your life.



+



+



=



**Vault with
your Voice**

SPEECH & SWALLOWING SERVICES

Good Environment Set-up



- **No** background noise

No distractions.



- **Face** each other



- **Good lighting**





- Have **materials** for you & your partner
 - Phone
 - Pen & paper, or white board & marker
 - Alphabet board
 - Yes, No, On the Right Track, Not on the Right Track visuals



- Have your **Communication Card** :
 - Includes: **communication strengths & challenges**, what **partner needs to do**, what **YOU** will be **doing** for communication.

